

Jonell Sabbe Hudson, PharmD, BCPS, CDCES

Contact Information

Business

UAMS Family Medical Clinic – Springdale
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Springdale, Arkansas 72764
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CERTIFICATIONS AND LICENSURE

Pharmacy License	Arkansas (since 1994)
Board Certification in Pharmacotherapy	Original 2002, recertified 2009, 2016, 2023
Certified Diabetes Care and Education Specialist (formerly Certified Diabetes Educator)	Original 2015, recertified 2020, recertified 2025
Disease State Management	Arkansas (since 2010)
Collaborative Institutional Training Initiative	UAMS (original expires 2028)

EDUCATION

August 1990 – May 1994	Doctor of Pharmacy University of Arkansas for Medical Science
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RESIDENCY TRAINING

July 1994 – June 1995	William S Middleton VA, Madison, WI ASHP Accredited Specialty Residency in Primary Care
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ACADEMIC EMPLOYMENT/APPOINTMENTS

July 2014 – Present	Associate Professor Pharmacy Practice University of Arkansas for Medical Sciences
September 2009 – July 2014	Assistant Professor Pharmacy Practice University of Arkansas for Medical Sciences The Regional Center at UAMS Northwest Campus (Formerly Area Health Education Center – Northwest) Fayetteville, Arkansas
September 2009- present	Clinical Pharmacy Faculty Area Health Education Center – NW (AHEC-NW) Family Medicine Residence Program Fayetteville, Arkansas
January 2000 – April 2005	Assistant Professor, Department of Pharmacy Practice, College of Pharmacy, University of Arkansas for Medical Sciences, Little Rock, Arkansas
August 1995 – February 1998	Assistant Professor, Department of Pharmacy Practice, McWhorter School of Pharmacy, Samford University, Birmingham, Alabama

July 1994 - June 1995 Clinical Instructor, School of Pharmacy, University of Wisconsin,
Madison, Wisconsin

CLINICAL EMPLOYMENT/EXPERIENCE

September 2009- present Clinical Pharmacist Faculty
UAMS Family Medical Centers
Springdale and Fayetteville, Arkansas
Hospital Affiliation: Washington Regional Medical Center
(credentialed 2/14/2023- present)

July 2015 – June 2019 Co-Director, North Street Clinic
UAMS-NW Student Led Free Clinic
Fayetteville, Arkansas

July 2008 – August 2009 Pharmacy Team Lead, Washington Regional Medical Center
Fayetteville, Arkansas

May 2005 – August 2009 Clinical Pharmacy Specialist, Washington Regional Medical Center,
Fayetteville, Arkansas

January 2000 – April 2005 Clinical Pharmacy Faculty, Area Health Education Center (AHEC),
Northwest Family Medical Center, Springdale, Arkansas

March 1998 – December 1999 Clinical Pharmacy Specialist, Birmingham VA Medical Center,
Birmingham, Alabama.

August 1995 – February 1998 Clinical Pharmacy Specialist, Medical Center East Family Practice
Center, Birmingham, Alabama.

July 1994 - June 1995 Clinical Pharmacy Resident, William S. Middleton Memorial VA
Hospital, Madison, Wisconsin.

CONSULTING

Sept 2011-present Clinical pharmacy specialist
eDocAmerica.com

DIDACTIC INSTRUCTION

Interprofessional: Current Participation

Culinary Medicine Elective; Course coordinator (Spring 2022- present); facilitator (Fall 2021)

College of Pharmacy: Current Participation

Therapeutics III – Lecturer – (2010-present)

Objectively Structured Clinical Examination (OSCE): sleep (2011, 2012, 2014, 2015)

Family Medicine Residency Program: Current Participation

Pharmacotherapy rotation. Co-coordinator; 4-week rotation for Family Medicine residents, NW
Regional Program Family Medicine Residency Program (2010 - present)

College of Pharmacy: Previous Participation

Primary Care Pharmacotherapy Elective (COM; PHPR); Course coordinator (2010-2020)

Career Orientation and Communication– Mentor, UAMS (2010-5 students, 2011- 4 students)

Pharmacy Management– Lecturer, UAMS (2010)

Topics: Clinical Practice in a hospital setting (1 hr)

Family Medicine Residency Program: Past Participation

Scholarly Activity rotation. Co-coordinator; Required 2-week rotation for Family Medicine residents,
AHEC-NW Family Medicine Residency Program (2010-2020)

College of Medicine: Previous Participation

Primary Care Pharmacotherapy Elective (COM; PHPR); Course coordinator (2010-2020)
Diabetes Update, Jr medical students on Block Family Medicine Rotation, monthly 1 hr lecture (2009-2015)
Diabetes Update, Jr medical students on Longitudinal Family Medicine Rotation, yearly 1 hr lecture (2009-2015)

Other: Previous Participation

Adult Health 2 (4264) – Invited Lecturer - Eleanor Mann School of Nursing – University of Arkansas, Fayetteville, AR (Spring 2013, Fall 2013)
Topic: Diabetes Management – Insulin Therapy (1 hr)

EXPERIENTIAL INSTRUCTION

College of Pharmacy: Current Participation

Ambulatory Care Advance Pharmacy Practice Experience – Preceptor, UAMS (2010-present)
UAMS NW Pharmacy Practice Residency Program, Current Participation
Pharmacy Practice (PGY-2) Resident, Preceptor (2022- present)
UAMS NW Pharmacy Practice Residency Program: Past Participation
Pharmacy Practice (PGY-1) Resident, Preceptor (2012-2021)

College of Pharmacy: Past Participation

Acute Care Advance Pharmacy Practice Experience (PhPr 6714) – Preceptor, UAMS (2010-2012)

INTERPROFESSIONAL ACTIVITIES

North Street Student Led Clinic, preceptor (2014-present)
North Street Student Led Clinic, student board advisor (2015-2020)
Simulation Activity, Master facilitator (2018-present)
Culinary Medicine Activity, facilitator (2018-present)

GRANTS

Ongoing:

Family Based Diabetes Self-Management Education Outcomes in Comparison to Standard Diabetes Self-Management Education. Co-Investigator (PI: Pearl McElfish). Grantor: Patient-Centered Outcomes Research Institute (CER-2018C3-14727): 01/20 – 07/26. \$4,067,622

Addressing Marshallese Immigrant Barriers to Diabetes Self-Management through Family DSMES. Co-Investigator (PI: Pearl McElfish), Grantor: NIH (R01 MD013852): 07/19 – 02/26. \$755,020

Past:

Home Food Delivery for Diabetes Management in Patients of Rural Clinics. Co-Investigator (PI: Chris Long), Grantor NIH (R01 NRO19487-01): 9/2020-6/2025. \$2,524,514

UAMS North Street Clinic - Access to Care 2019. Primary Investigator. Grantor: Arkansas Department of Health, Funded: \$33,000

UAMS North Street Clinic - Access to Care 2018. Primary Investigator. Grantor: Arkansas Department of Health, Funded: \$50,000

UAMS North Street Clinic - Access to Care 2017. Primary Investigator. Grantor: Arkansas Department of Health, Funded: \$56,792

Effectiveness of diabetes patient education You-Tube videos in the Marshallese community. Grantor: Sturgis Foundation; Co-Investigator (PI: Pearl McElfish, PhD), Funded: \$14,954

UAMS North Street Clinic - Access to Care 2016. Primary Investigator. Grantor: Arkansas Department of Health, Funded: \$58,875

Extended Family Model of DSME to Reduce Disparities in a US Pacific Islander Community; Grantor: Patient-Centered Outcomes Research Institute (PCORI); Co-Investigator (PI: Peter Kohler, Peter Golden, Pearl McElfish), Funded: \$2,163,228

Feasibility Pilot of Family Model of DSME in Marshallese Population; Grantor: Sturgis Foundation; Co-Investigator (PI: Peter Golden, Peter Kohler, Pearl McElfish), Funded \$28,000

AWARDS

American Association of Diabetes Educators, Pharmacy Community of Interest Practice of the Year, 2019

University of Arkansas for Medical Sciences Chancellors Teaching Award for Society and Health Education Excellence, 2016

PUBLICATIONS

Undergoing Peer Review

Andersen JA, Hall S, Throgmorton M, Riklon S, **Hudson J**, Mendoza-Kabua P, Pollack S, Rowland B, McElfish PA. Outcomes of a Culturally Adapted Family Model of Diabetes Education and Support for Marshallese Persons with Type 2 Diabetes. Submitted to: *The Science of Diabetes Self-Management and Care*- October 2025

Teeter BS, Moore R, Mayberry LS, McElfish PA, Hudson J, Curran GM. Implementing a family-centered model for diabetes education: A mixed-methods study of facilitators and barriers. Submitted to: *PLOS One* – August 2025

Moore R, McElfish PA, Teeter BS, Mayberry LS, Andersen JA, **Hudson JS**, Mayo RE, Macechko MD, Over DR, Curran GM, FDSMES Study Group. "Doing the Program, Our Weight Went Down, Our A1Cs Went Down": Benefits of a Family Diabetes Self-Management Program for Persons with Diabetes. Submitted to: *Patient Education and Counseling*- May 2025

Peer Reviewed Publication

McElfish PA, Rowland B, Hall S, Andersen JA, **Hudson JS**, Gloster E, Pollack S, O'Connor G, Mendoza Kabua P, Alik E, Riklon S. Effectiveness of a culturally adapted family model of DSMES and support among Marshallese Pacific Islanders delivered in a group format in churches. *Journal of Health Care for the Poor and Underserved*. 2024;35(4):1258-1272. <https://dx.doi.org/10.1353/hpu.2024.a943988>

McElfish PA, Riklon S, Andersen JA, Selig JP, **Hudson J**, Bing WI, Wase-Jacklick F, Niedenthal J, Lemari K, Otuafi H, Mendoza-Kabua P, Henske JA, Edem D, Rowland B, Boyers Schuh J, O'Connor G, Ayers BL. Family model diabetes self-management education and support in faith-based organizations in the Republic of the Marshall Islands: A study protocol. *Contemporary Clinical Trials*. 2024;146:107705. <https://doi.org/10.1016/j.cct.2024.107705>

Short E, Selig JP, Felix HC, Painter J, McElfish PA, Rowland B, Ammerman AS, Bounds K, Henske J, **Hudson JS**, Li J, Young SG, Long CR. Healthy Food Delivery for Type 2 Diabetes Management in Rural Clinics' Patients: A Comparative Effectiveness Randomized Controlled Trial Protocol. *Contemporary Clinical Trials*. 2024; 24. <https://doi.org/10.1016/j.cct.2024.107491>

Andersen JA, Rowland B, Gloster E, Felix HC, Riklon S, Jenkins D, Bing WI, Mendoza Kabua P, **Hudson JS**, Edem D, Niedenthal J, McElfish PA. Assessment of Diabetes Self-Care Behaviors and Knowledge among Marshallese Adults with Type 2 Diabetes in the Republic of the Marshall Islands. *Primary Care Diabetes*. 2024;18(1):74-78. <https://doi.org/10.1016/j.pcd.2023.11.009>

Haggard-Duff L, **Hudson J**, Holland A, Bogulski CA, Long CR, Moore R, McElfish P, Sonntag C, Kelly M. Interprofessional Students' Perspectives on Culinary Medicine Training: Intentions from Plate to Practice. *Med.Sci.Educ.* (03/2023). <https://doi.org/10.1007/s40670-023-01767-2>

Andersen JA, Purvis RS, Scott AJ, Henske J, Edem D, Selig JP, **Hudson J**, Bing WI, Niedenthal J, Otuafi H, Riklon S, Anzures E, Ainrik G, Alik D, McElfish PA. Lessons learned from the pilot family model of diabetes self-management intervention in the Republic of the Marshall Islands. *Contemporary Clinical Trials Communications*. 2023;6(32):101086. <https://doi.org/10.1016/j.conctc.2023.101086>

McElfish PA, Riklon S, Purvis RS, Long CR, Felix HC, **Hudson JS**, Alik D, Henske J, Edem D, O'Connor G, Boyers J, Rowland B, Selig JP. Study Protocol for Family Model Diabetes Self-Management Education with Marshallese Participants in Faith-Based Organizations. *Contemporary Clinical Trials Communications*. 12/2022;30:101007. <https://doi.org/10.1016/j.conctc.2022.101007>

Mayberry LS, Felix HC, **Hudson J**, Curran GM, Long CR, Selig JP, Carleton A, Baig A, Warshaw H, Peyrot M, McElfish PA. Effectiveness-Implementation Trial Comparing a Family Model of Diabetes Self-Management Education and Support with a Standard Model. *Contemporary Clinical Trials*. 2022;121:106921. <https://doi.org/10.1016/j.cct.2022.106921>

McElfish PA, Felix HC, Bursac Z, Rowland B, Andersen JA, Willis DE, Yearly KHK, Long CR, Selig JP, Scott AJ, Kaminicki KF, Brown AL, Laelan M, Tomeing-Iban A, Kaholokula JK, Alik E, Karben J, **Hudson JS**, Langston K, Carleton A, O'Connor B, Netwon M, Clarence K, Sinclair KA, Kohler PO, Riklon S. Comparing Two Programs for Weight Loss among Marshallese Adults Living in the United States [Internet]. Washington (DC): Patient-Centered Outcomes Research Institute (PCORI); 2022 Mar. PMID: 39666844.

Purvis RS, Moore RA, Ayers BL, Felix HC, Riklon S, Andersen JA, **Hudson JS**, O'Connor G, Kelen M, Heely-Rolston LN, Shields X, McElfish PA. Diabetes Self-Care Behaviors and Barriers to Clinical Care During COVID-19 Pandemic for Marshallese Adults [published online ahead of print, 2022 Jan 13]. *Sci Diabetes Self Manag Care*. 01/2022;26350106211065390. doi:10.1177/26350106211065390

Andersen JA, Felix H, Selig J, Rowland B, Bing W, **Hudson J**, Niedenthal J, Otuafi H, Riklon S, Azuers E, George A, McElfish PA. Feasibility and efficacy of a pilot family model of diabetes self-management intervention in the Republic of the Marshall Islands. *Contemporary Clinical Trials Communications*. 2021;23:100824. Published 2021 Jul 30. doi:10.1016/j.conctc.2021.100824

Obi E, Darland K, **Hudson J**, Coulter L, Yang E. Does cranberry extract taken by mouth prevent recurrent UTI in adult women? *Evidence Based Practice*. 2021: 24 (7)

Wright K, Middleton P, Coulter L, **Hudson J**, Vaughn B. Does rifaximin decrease small intestinal bacterial overgrowth in patients with irritable bowel syndrome? *Evidence Based Practice* 2021: 24 (7).

Bucolo P, Horton-Bertrand J, Coulter L, **Hudson J**, Brimberry R. Do topical vaginal estrogens prevent recurrent UTI in post-menopausal woman? *Evidence Based Practice* 2021: 24 (3).

Gray B, Hurtado C, Coulter L, **Hudson J**, Gray D. Is bupropion monotherapy effective for attention deficit hyperactivity disorder in adults? *Evidence Based Practice* 2020:23(10) 39.

Anamon Z, Meloy B, **Hudson J**, Coulter L, Judkins H. Should levothyroxine be taken at night or in the morning for maximal efficacy? *Evidence Based Practice* 2020:23(9) 12-13.

Pasiah E, Papillion N, **Hudson J**, Coulter L, Agesilas M. Is valerian effective for treatment of insomnia in adults. *Evidence Based Practice* 2020: 23(8) 48-49.

Hudson J, Balli M, Purvis R, Selig J, Warmack TS, Schulz T, Coulter L, Peter C, McElfish PA. Medication adherence rates of Marshallese patients treated in a student led free clinic. *Journ Stud Run Free Clin* 2020:6(1) 1-7.

Holland A, Butler A, **Hudson J**, Long C, Worley L, McElfish PA. A Regional Campus Approach to Culinary Medicine for Interprofessional Students. *Journal of Regional Medical Campuses* 2020: 3(2).

McElfish PA, **Hudson J**, Shulz T, Yearly K, Capelle L, Riklon L, Long C, English E, Ayers B. Determinants of Diet Quality in a Pacific Islander Community. *Diversity & Equality In Health Care* 2020:16 (4):91-100.

Dickey TA, Balli ML, Warmack TS, Rowland B, **Hudson J**, Seaton V, Riklon S, Purvis RS, McElfish PA. . Perceptions and utilization of traditional healing among Marshallese adults residing in Arkansas. *Journal of Complementary and Integrative Medicine*. 2019;eISSN 1553-3840. Epub ahead of print. Doi: <http://doi.org/10.1515/jcim-2018-0198>

Holland A, Butler A, McElfish P, **Hudson J**, Jordan L, Warmack S. A Regional Campus Approach to Interprofessional Education for Healthcare Students. *J Reg Med Campuses*. 2019;2(4). <http://doi.org/10.24926/jrmc.v2i4.2145>

McElfish PA, Rowland B, Riklon S, Aitaoto N, Sinclair KA, Ima S, Kadlubar SA, Goulden PA, **Hudson JS**, Mamis S, Long CR. Development and Evaluation of a Blood Glucose Monitoring YouTube Video for Marshallese Patients Using a Community-Based Participatory Research Approach. *Policy, Politics, and Nursing*. 2019 <https://doi.org/10.1177/1527154419872834>

Barksdale L, He B, Coulter L, **Hudson J**, Vaughn B. Does antenatal fetal surveillance improve outcomes in babies born to mothers with gestational diabetes. *Evidence-Based Practice* May 2019; 22(5):26

Ralston A, **Hudson J**, Coulter L, Gray B, Macechko M. Is treatment with statins associated with memory problems? *Evidence-Based Practice* May 2019; 22(5):28-29.

McElfish PA, Long CR, Kohler PO, Yeary KHK, Bursac Z, Narcisse MR, Felix HC, Rowland B, **Hudson JS**, Goulden PA. Comparative effectiveness and maintenance of diabetes self-management education interventions for Marshallese patients with type 2 diabetes: a randomized controlled trial. *Diabetes Care*. 2019; 42(5):e1-10. [Epub 12 March 2019]. doi: 10.2337/dc18-1985

Yang E, Rogers W, Coulter L, **Hudson J**, Judkins H. Spotlight on Pharmacy: Is the addition of corticosteroids helpful in treating patients with sepsis? *Evidence-Based Practice* March 2019; 22(3):37

Walker D, Carrere-Dawson R, **Hudson J**, Coulter L, Agesilas M. What is the accuracy of fecal calprotectin for the diagnosis of inflammatory bowel disease in patients with chronic diarrhea? *Evidence-Based Practice* March 2019;22(3):29-30

Seaton VA, Dickey TA, Balli ML, Briggs BE, Baker JD, **Hudson JS**. Rate of positive depression screenings among Marshallese patients with diabetes in Northwest Arkansas. *Ment Health Clin*. 2019 Jan; 9(1):36-40.

Bradley C, Coulter L, **Hudson J**, Vaughn B. Does the use of N-Acetylcysteine (NAC) decrease the risk of contrast-induced nephropathy (CIN)? *Evidence-Based Practice*.2018:21(7) E2.

McElfish P, Balli M, **Hudson J**, et al. Identifying and Understanding Barriers and Facilitators to Medication Adherence Among Marshallese Adults in Arkansas. *Journal of Pharmacy Technology*. First published July 6, 2018 <https://doi.org/10.1177/8755122518786262>

Owoyami K, Coulter L, **Hudson J**, Vaughn B. What non-opiate medications are effective for pain control in patients with chronic pancreatitis? *Evidence-Based Practice* 2018:21(4) E2.

Duncan T, **Hudson J**, Coulter L, Macechko M. Are anticonvulsants effective for treating alcohol dependence? *Evidence-Based Practice* 2018: 21(4):12-13

Sam G, Coulter L, **Hudson J**, Judkins H. Should we identify and treat hyperlipidemia in the elderly? *Evidence-Based Practice* 2018: 21(4):9-10.

Spooner R, **Hudson J**, Coulter L, Judkins H. Is Suboxone given in the primary care setting a more efficacious treatment for opioid addiction than methadone? *Evidence-Based Practice* 2018: 21(3) E8-9.

Hayes W, Coulter L, **Hudson J**, Sherwood D. Do antihistamines relieve the symptoms of upper respiratory infections? *Evidence-Based Practice*. 2018; 21(3) E14.

McElfish PA, Long CR, Payakachat N, Felix H, Bursac Z, Rowland B, **Hudson JS**, Narcisse MR. Cost-related Nonadherence to Medication Treatment Plans: Native Hawaiian and Pacific Islander National Health Interview Survey. *Medical Care*: 2018 Apr;56(4):341-349

McElfish PA, Moore R, Buron B, **Hudson J**, Long CR, Purvis RS, Schultz TK, Rowland B, Warmack TS. Integrating Interprofessional Education and Cultural Competency Training to Address Health Disparities. *Teaching and Learning in Medicine*, 2017; 30(2) 213-222.

McElfish P, **Hudson J**, Schulz T, Warmack S, Moore R, Purvis R, Drake M, Buron B. Developing an Interprofessional Student-led Clinic to Address Health Disparities in a Pacific Islander Migrant Population. *Journal of Student-Run Clinics*. 2017; 3(1):1-7.

McElfish PA, Goulden P, Bursac Z, **Hudson J**, Purvis RS, Yeary KHK, Aitaoto N, Kohler P. Engagement practices that join scientific methods with community wisdom: designing a patient-centered, randomized control trial with a Pacific Islander community. *Nursing Inquiry* 2017; 24(2): 1–11.

Yeary K, Aitaoto N, Sparks K, Ritok-Lakien M, **Hudson J**, Goulden P, Bing W, Riklon S, Rubon-Chutaro J, McElfish PA. Cultural Adaptation of Diabetes Self-Management Education For Marshallese Residing In The United States: Lessons Learned In Curriculum Development. *Progress in Community Health Partnerships: Research, Education, and Action*. 2017; 11(3): 253-261

McElfish PA, Rowland B, Long CR, **Hudson J**, Piel M, Buron B, Riklon S, Bing WI, Warmack TS. Diabetes and Hypertension in Marshallese Adults: Results from Faith-Based Health Screenings. *J Racial Ethn Health Disparities*. 2017;4(6):1042-1050. doi: 10.1007/s40615-016-0308-y. PMID: 27837454.

Ramey McElfish PA, Moore R, Woodring D, Purvis RS, Maskarince GG, Bing WJ, **Hudson J**, Kohler P, Goulden P. Social Ecology and Diabetes Self-Management among Pacific Islanders in Arkansas. *J Fam Med Dis Prev*. 2016; 2(1): 026. doi: 10.23937/2469-5793/1510026.

Thys S, Coulter L, **Hudson J**.. Cognitive Behavioral Therapy in Treatment of Fibromyalgia. *Evidence-Based Practice*, 2016: 19(7):9.

Pacheco A, Coulter L, **Hudson J**. Weight loss effects of low glycemic index diet in overweight/obese adults? *Evidence-Based Practice*, 2016:19(6):8.

Johnson M, **Hudson J**, Coulter L. Vitamin D Supplementation for the Prevention of Fractures in Postmenopausal Women with Osteoporosis. *Evidence-Based Practice*, 2016;19(6):6.

Wilmont N, Coulter L, **Hudson J**. Are probiotics effective for the symptomatic treatment of irritable bowel syndrome? *Evidence-Based Practice*, 2016: 19(4): 6-7

Smith C, **Hudson J**, Coulter L. Parental Education and Smoke Exposure in Children with Asthma *Evidence-Based Practice* 2016;19(3):11.

Cook S, **Hudson J**, Coulter L. Fidaxomycin versus Vancomycin for Treating *Clostridium Difficile* Infections. *Evidence-Based Practice* 2016;19(3):7.

Lamb S, Coulter L, **Hudson J**. Use of topical sucralfate in treatment of non-candidal diaper rash. *Evidence-Based Practice* 2016;19(1):7-8.

McElfish PA, Kohler PO, Smith C, Warmack S, Buron B, **Hudson J**, Bridges M, Purvis R, Rubon-Chutaro J. Community-driven research agenda to reduce health disparities. *Journal of Clinical and Translational Science* OnlineFirst, published on November 11, 2015.

Nwude E, **Hudson J**, Coulter L. Are overweight children more likely to be overweight adults? *Journal of Family Practice* 2015; 64(10):663-4

McElfish PA, Bridges M, **Hudson J**, Purvis R, Bursac Z, Kohler P, Goulden P. Family Model of Diabetes Education With a Pacific Islander Community. *Diabetes Educ.* 2015;41:706-715.

Hinds A, Coulter L, **Hudson J**, Seaton V. Screening for diabetes in patients receiving second-generation atypical antipsychotics. *Am J Health-Syst Pharm* 2015;72 (2) S70-73.

Agee C, Coulter L, **Hudson J**. Effects of Pharmacy Resident Led Education on Physician Prescribing Habits Associated with Stress Ulcer Prophylaxis in Non-Intensive Care Unit Patients. *Am J Health-Syst Pharm* 2015;72 (1) S48-S52.

Lewis H, **Hudson J**, Coulter L. Spotlight on Pharmacy: Can metformin be safely used in a patient with elevated creatinine concentration? *Evidence-Based Practice* 2015;18(3):14

Orji C, Brimberry R, Coulter L, **Hudson J**. Benefits of Amnioinfusion in PPRM. *Evidence-Based Practice* 2015;18(10):6-7

Goodspeed E, Coulter L, **Hudson J**. Spotlight on Pharmacy: Is modafinil safe and effective at improving mental performance in shift workers? *Evidence-Based Practice* 2014;17(12):14.

Tantchou L, Coulter L, **Hudson J**. What is the most effective method for screening for depression in nursing home patients? *Evidence-Based Practice* 2014;17(11):13.

McAuley D, Coulter L, **Hudson J** Can statin therapy be used in hyperlipidemic patients with baseline transaminase elevations? *Evidence-Based Practice* 2014;17(10):E7.

Chu, M., Coulter, L., **Hudson, J**. Best diagnostic tool for gallbladder dysfunction if ultrasound shows only cholelithiasis. *Evidence-Based Practice* 2014;17(5):E2.

Patoka, M., Coulter, L., **Hudson J**. Spotlight on Pharmacy: Is there a difference in safety or efficacy among nasal corticosteroids for allergic rhinitis? *Evidence-Based Practice* 2014;17(5) 14.

Pharr, J., Coulter, L., **Hudson, J.**, What treatments effectively reduce recurrent aphthous stomatitis (RAS)? *Evidence-Based Practice* 2014;17(2):E2-3.

Macechko, M., Coulter, L., **Hudson, J.** What are the benefits of treating obstructive sleep apnea (OSA). *Evidence-Based Practice* 2014;17(2):E8-9.

Agee C, Coulter L, **Hudson J**. Effects of Pharmacy Resident Led Education on Physician Prescribing Habits Associated with Stress Ulcer Prophylaxis in Non-Intensive Care Unit Patients. *JHPR* 2013: 2(2).

Chavez F, **Hudson J**, Coulter L. Is the use of nebulized antibiotics effective in acute exacerbations of chronic sinusitis? *Evidence-Based Practice* 2013: 16(6);11-12.

Brown S, **Hudson J**, Coulter L. Is it safe to use statins in a patient with hepatitis C? *Evidence-Based Practice* 2013: 16 (4);12.

Edwards M, **Hudson J**, Coulter L How soon after a vasectomy is it okay to have unprotected intercourse? *Evidence-Based Practice* 2013; 15 (12); 15.

Hudson J, Coulter L, Schneider E. What is the optimal interval for checking liver function tests (LFTs) in patients taking statins? *Evidence-Based Practice* 2012;15(3);10.

Lavena M, **Hudson J**, Coulter L What can you use to prevent a transfusion reaction in someone with a history of febrile transfusion reactions in the past? *Evidence-Based Practice* 2012; 15(2):12-13.

Archer G, **Hudson J**, Coulter L. What is the best topical medication for otitis externa in a non-diabetic adult? Evidence-Based Practice, 2012:15(2);13-14.

Nguyen P, Coulter L, **Hudson J**. Is clinical diagnosis and treatment with medication for seasonal allergic rhinitis more cost-effective than allergy shots in children suspected to have seasonal allergic rhinitis? Evidence-Based Practice 2012:15(1);5-6.

ABSTRACTS

Goulden PA, McElfish P, **Hudson J**, Bridges M, Kohler P. Effect of a Family Based Educational Intervention on Glucose Control in Type 2 Diabetes in the Marshallese Population in Arkansas. The 75th Scientific Sessions of the American Diabetes Association. Boston MA June 2015.

POSTER PRESENTATIONS - International

Seaton V, Dickey T, Balli M, **Hudson J**, Baker J, Briggs B. Rates of Positive Depression Screenings Among Marshallese Patients with Diabetes in Northwest Arkansas. Gathering for Pacific Islander Health. Honolulu, HI October 2017

Hudson J, Hennessey V, Peter C, Coulter L, Balli M, Mickey H, Warmack S. Partnership with an Independent Community Pharmacy to Address Medication Adherence in Marshallese Patients Residing in Northwest Arkansas: Program Development and Initial Results. Gathering for Pacific Islander Health. Honolulu, HI October 2017

Piel M, **Hudson J**, Schulz T, Warmack S, Coulter L. Lessons Learned from 100 Patients: A Review of Clinical Parameters from 100 Marshallese Patients Treated in a Student-Run Clinic. Gathering for Pacific Islander Health. Honolulu, HI October 2017

POSTER PRESENTATIONS – National/Regional

Desai V, **Hudson J**, Macechko M. A quality improvement initiative to promote diabetes management. UAMS Research Day. Fayetteville, AR. April 2023

Graves J, Robertson A, Macechko M, Brimberry R, **Hudson J**. Optimization of lipid-lowering medications for secondary prevention of cardiovascular disease in patients at family medicine clinics. ASHP Midyear Clinical Meeting. Las Vegas, NV. December 2022.

Hoose D, Jasso E, Schulz T, Kelly MA, **Hudson J**, Moore S. An EPIC upgrade: The North Street Clinic's Experience transitioning from paper charts to the EPIC EMR. Society of Student Run Free Clinics Annual Conference. Orlando, FL. March 2020

Brimberry R, **Hudson J**, Coulter L, Wade L. Complex Care: Interprofessional Team Meeting. UAMS Regional Programs Statewide Scholarly Activity Colloquium. Little Rock, AR. May 2019

Page H, **Hudson J**, Jordan L. Utilizing Downtime to Improve Health: Engaging patients with culturally tailored patient education. Society of Student Run Free Clinics Annual Conference. Kansas City, Kansas March 2019

Hudson J, Sparks K, Yeary KHK, Goulden P, McElfish P. Improving Outcomes: Development of a Culturally Adapted Family Model of Diabetes Self-Management Education for Marshallese. American Association of Diabetes Educators (AADE) Annual Conference. Baltimore, Maryland August 2018.

Peter C, Cagle M, **Hudson J**, Holland A, Jordan L. Development and Implementation of an Interprofessional Student Run Free Clinic to Address Health Disparities in Northwest Arkansas Marshallese Community. Society of Student Run Free Clinics Annual Conference. Omaha, Nebraska February 2018

Baker J, Briggs B, Seaton V, **Hudson J**. Initiation and evaluation of a depression screening for Marshallese patients with diabetes in an interprofessional student-led clinic. ASHP. Orlando, FL December 2017.

Head A, **Hudson J**, Coulter L. Interventions to Assess Vitamin B12 Deficiency in Patients on Long-term Metformin Therapy in a Family Medicine Clinic. ASHP. Orlando FL December 2017.

Seaton V, Dickey T, Piel M, **Hudson J**, Baker J, Briggs B. Rates of Positive Depression Screenings Among Marshallese Patients with Diabetes in Northwest Arkansas. Arkansas Association of Health-System Pharmacists Fall Seminar. North Little Rock, Arkansas. October 2017

Yeary K, Aitaoto N, Sparks K, Ritok M, **Hudson J**, Goulden P, Bing W, Riklon S, Rubon J, McElfish P. Cultural Adaptation of Diabetes Self-Management Education for U.S. residing Marshallese. Society of Behavior Medicine 38th Annual Meeting, San Diego, California, March 2017.

Sparks K, **Hudson J**, Wiley G, Kohler P, McElfish P. Family Model of Diabetes Self-Management Education (DSME) in the Marshallese Community: Preliminary Findings. 31st ADA Annual Clinical Conference on Diabetes, Jacksonville, Florida, May 2016

Brimberry R, **Hudson J**, McWilliams S, Bruns A, McGhee L, Hughes E, Reyenga S, Hernandez S, Coulter L, Wade L. Development of an Interprofessional Complex Care Team. Teaching Innovation Symposium, Little Rock, Arkansas April 2015

Coulter L, Alberty B, **Hudson J**, Brimberry R. Impact of Resident Education Workshop- "Upgrading Your Antibiotic Intelligence" on Antibiotic Prescribing Patterns for Streptococcal Pharyngitis. Teaching Innovation Symposium, Little Rock, Arkansas April 2015

Hudson J and Coulter L. Impact of a Pharmacotherapy Rotation on Resident's Knowledge within a Patient Centered Medical Home (PCMH). Teaching Innovation Symposium, Little Rock, Arkansas April 2015

Hinds A, Coulter L, **Hudson J**, Seaton V. Atypical Antipsychotic Use and Annual Screening for Diabetes in a PCMH. American College of Clinical Pharmacy Annual Meeting, Austin, Texas October 2014.

Hinds A, Coulter L, **Hudson J**, Seaton V. Atypical Antipsychotic Use and Annual Screening for Diabetes in a PCMH. Arkansas Health Systems Pharmacists Fall Seminar Poster Presentation, Little Rock, Arkansas October 2014

Hudson J, Myatt S, Vinson E. Standardizing Topic Discussions And Promoting Interprofessional Interactions At 7 Geographically Separate Clinical Training Sites. Society of Teachers of Family Medicine, Nashville, TN; January 2014.

Gobin J, Coulter L, **Hudson J**. Impact of Pharmacist Education for Patients with Congestive Heart Failure in the Outpatient Setting. Arkansas Health System Pharmacists Fall Seminar Poster Presentation, Little Rock, AR, October 2013.

Hudson J and Coulter L. Impact of a Pharmacotherapy Rotation on Resident's Knowledge within a Patient Centered Medical Home (PCMH). Society of Teachers of Family Medicine, Baltimore, Maryland, May 2013.

Agee C, Coulter L, **Hudson J**. Effects of Pharmacist Led Education on Family Medicine Resident Physicians Prescribing Habits Associated with Stress Ulcer Prophylaxis in Non-ICU Patients. Arkansas Health Systems Pharmacists Fall Seminar Poster Presentation, Hot Springs, Arkansas October 2012

INVITED LECTURES AND PRESENTATIONS

International

Hudson J. Pharmacotherapy 2025: What's New. Leroij Atama Zedkeia Medical Center, Majuro Hospital. Majuro, Republic of the Marshall Islands. March 2025

National

Hudson J, Jordan L. *Leadership Training in a Student-led Free Clinic.* Student Run Free Clinic Faculty Association Annual Meeting. Orlando, FL. March 2020

Hudson J, Sparks K. *Innovative Strategies to Inspire a Culturally unique Community.* American Association of Diabetes Educators, Houston, TX August 2019.

Hudson J, Brimberry R. *Development of an Interprofessional Complex Care Team.* Society of Teachers of Family Medicine, Dallas, TX December 2015.

Hudson J, Coulter L, Schneider E. *An Interprofessional Longitudinal Primary Care Pharmacotherapy Elective for Medical Students.* Society of Teachers of Family Medicine, Long Beach, California February 2012

Schneider E, **Hudson J,** Coulter L. *The Pharmacist Role in the Patient Centered Medical Home –* Society of Teachers of Family Medicine Conference on Practice Improvement, San Antonio, TX, December 2010

Asthma – Case scenarios – October 2001 – presented to pharmacists nationwide through Wal-mart Television Network – Wal-mart Corporate Headquarters – Bentonville, AR

Regional

Reaching a high risk culturally unique community in Northwest Arkansas – May 2019 – Chronic Disease Forum – Rogers, AR

Reaching a high risk culturally unique community in Northwest Arkansas – April 2019 – Arkansas Academy of Nutrition and Dietetics Annual Meeting– Little Rock, AR

An Interprofessional Primary Care Pharmacotherapy Elective for Pharmacy and Medicine Students – October 2012 – University of Arkansas for Medical Sciences College of Pharmacy Seminar.

Diabetes Update – September 2012 – presented at Advanced Pharmacotherapeutics Seminar for Arkansas Nurses Association (ArNA), Rogers, AR.

Treatment and Prevention of DVT – April 2010 – presented at First Annual Geriatric Nursing Conference, Fayetteville, AR.

Family Medicine

Workshop: Culinary Medicine – May 2025 - presented to family medicine faculty, residents, interns at UAMS- Northwest, Fayetteville, AR.

Workshop: Asthma Pharmacotherapy – September 2023 - presented to family medicine faculty, residents, interns at UAMS- Northwest, Fayetteville, AR.

Workshop: Diabetes Pharmacotherapy – August 2023 - presented to family medicine faculty, residents, interns at UAMS- Northwest, Fayetteville, AR.

Medical Management of Type 2 Diabetes – August 2019 – presented to family medicine faculty, residents, interns at UAMS- Northwest, Fayetteville, AR.

Medication Safety –February 2014 - presented to medical faculty, residents, interns at AHEC- Northwest, Fayetteville, AR.

Pharmacotherapy Pearls – New Drugs 2013 – September 2013 - presented to medical faculty, residents, interns at AHEC- Northwest, Fayetteville, AR.

Migraine Headaches – November 2012 - presented to medical faculty, residents, interns at AHEC- Northwest, Fayetteville, AR.

Endocrine Disorders – focus on DM – February 2012 - presented to medical faculty, residents, interns at AHEC- Northwest, Fayetteville, AR.

Pharmacotherapy of the Emergently Ill patient – September 2011 - presented to medical faculty, residents, interns at AHEC- Northwest, Fayetteville, AR.

Headaches – April 2011 - presented to medical faculty, residents, interns at AHEC- Northwest, Fayetteville, AR.

Antidepressant Therapy – October 2010 - presented to medical faculty, residents, interns at AHEC- Northwest, Fayetteville, AR.

Pharmacoeopardy – February 2010 - presented to medical faculty, residents, interns at AHEC- Northwest, Fayetteville, AR.

Antimicrobial Therapy and Risk of Birth Defects – Journal review – January 2010 - presented to medical faculty, residents, interns at AHEC- Northwest, Fayetteville, AR.

Anticoagulation Refresher – July 2009 - presented to medical faculty, residents, interns at AHEC- Northwest, Fayetteville, AR.

Continuing Pharmacy Education

Obesity Case Presentation – April 2011 - continuing education program presented to pharmacists in Northwest Arkansas – sponsored by UAMS College of Pharmacy, Fayetteville, AR

Diabetes Prevention – November 2010- continuing education program presented to pharmacists in Northwest Arkansas – sponsored by UAMS College of Pharmacy, Fayetteville, AR

Influenza Update – December 2009 - continuing education program presented to pharmacists in Northwest Arkansas – sponsored by the College of Pharmacy, Fayetteville, AR

Interprofessional In-services:

Device Refresher: Inhalers, glucometers, insulin pens and such - December 2012 – UAMS Family Medical Center-Springdale – Nursing Staff

Community:

Pharmacy as a career – April 2013 - Girls of Promise Conference – Women’s Foundation of Arkansas, Rogers, AR

Pharmacy is Fun – March 2012 – Girls of Promise Conference – Women’s Foundation of Arkansas, Rogers, AR

Incorporating Science and Math for a Career in Pharmacy – May 2011 – Har-ber High School, Springdale, AR

Pharmacy is Fun – February 2011 – Girls of Promise Conference – Women’s Foundation of Arkansas, Rogers, AR

What it takes to be a pharmacist – July 2010 – AHEC-NW MASH participants, Fayetteville, AR

PEER REVIEWER

2011 – 2020 Evidence-Based Practice
2012 – 2013 Family Practice Inquires Network – on-line learning modules

ITEM WRITER

2010- 2011 Board of Pharmaceutical Specialty, Ambulatory Care Exam

PROFESSIONAL AND LEADERSHIP DEVELOPMENT

Leadership Training, Emotional and Social Competency, 2018
Community Engagement Research Training, 2015-2016
Collaborative Institutional Training Initiative, Human Research Curriculum, 2012, 2014
Change Management Training – University of Arkansas for Medical Sciences, 2011
Teaching Scholars, University of Arkansas for Medical Sciences, 2002

PROFESSIONAL SERVICE

National:

2018-2022 Society of Student Run Free Clinics Faculty Association, Board Member
2021- 2022 Society of Student Run Free Clinics Faculty Association, Past President
2020-2021 Society of Student Run Free Clinics Faculty Association, President
2019-2020 Society of Student Run Free Clinics Faculty Association, President-Elect
2018-2019 Society of Student Run Free Clinics Faculty Association, Member-at-Large
2018-2019 Society of Student Run Free Clinics Faculty Association, Conference Chair

UAMS:

2024-present Interprofessional Education Faculty Development Pillar Team
2017, 2018, 2019 Chancellor Teaching Award – Reviewer

UAMS-NW Campus

2020 – present NW Regional Programs Safety Committee, member
2016-2019 Interprofessional Education Leadership Team

College of Pharmacy

2024 – present Residency Advisory Committee, PGY-2 Ambulatory Care
2024 – present Scholastic Standing Committee, member
2023 – 2024 Curricular Transformation, Therapeutics Series, Group facilitator
2010 – 2021 UAMS-NW Pharmacy Practice Resident Advisory Committee, member
2010 – 2021 UAMS-NW Pharmacy Residency Preceptor Committee, Member
2020 - 2021 ACPE Self Study Committee, Faculty and Staff, Member
2020 - 2021 Research Strategic Planning Committee, Member
2014 – 2016 Curriculum Committee, Member
2012 – 2013 ACPE Self Study Committee, Faculty and Staff, Member
2011 – 2013 Assessment Committee, Member
2010 - 2012 Educational and Technology Support Advisory Committee, Member
2009 –2011 Student section leader and leadership team for self-study for ACPE accreditation

Family Medicine Residency Program

2023 – present Patient Advisory Board, faculty member
2021- present Operations Committee, member

2014 – present	Interprofessional Complex Care Committee, Pharmacy member
2013 – present	UAMS NW Family Medicine Program Evaluation Committee, Member
2012 – present	QI committee, UAMS-NW Family Medicine Residency Program, Member
2009 – 2021	Curriculum Committee, UAMS-NW Family Medicine Residency Program, Member
2009 – 2012	AHEC-NW Family Medicine Residency ACGME accreditation site visit committee, member
2009 – 2012	AHEC-NW Family Medicine Clinics, e-prescribing implementation committee, member
<i>Regional/Local</i>	
2024-present	Medical Academy Advisory Board, Springdale School District
2010 - 2023	Medical House Advisory Board, Har-ber High School, Member

PROFESSIONAL ORGANIZATIONS

American College of Clinical Pharmacists
 Association of Diabetes Care and Education Specialists
 Arkansas Pharmacy Association

VOLUNTEER SERVICE

Alpha Delta Pi Alumnae Association, Board Member 2021-present
 Alpha Delta Pi Alumnae Association, Philanthropy Chair, 2021-present
 Har-ber High School, PTSO, Board Member, 2020- 2024
 Har-ber High School PTSO, Scholarship Chair, 2021- 2024
 Har-ber High School PTSO, Scholarship Committee member, 2020-2024
 Southwest Junior High, Parents Voice Committee, 2021-2022
 First Church, Snack Pack Program, 2018-2019
 Washington County Employee Health Screenings, 2013, 2015
 Free Health Clinic Community Health Screenings 2012, 2013
 American Diabetes Association Diabetes Expo – 2010, 2011, 2012, 2013, 2014, 2015
 Congregational Health Ministry Committee, 2013
 Community Health Screenings, 2011, 2012, 2013, 2014, 2015, 2018
 Meet the pharmacist –Schmeiding Center, 2010
 Walker Elementary PTA, 2010, 2011, 2012, 2013,2014, 2015